**Should we test and treat the fever triggers or the fever that creates the immune system against the fever triggers?**

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**Abstract.**

Fever is the body's defense mechanism against the triggers (inflammation) of fever. Fever triggers are not substances that create the immune system for fever and its functions. These substances reduce heat, increase inflammation, and reduce blood flow.

The causes of fever triggers, the triggers of fever, and the substances produced by the immune system fight against the triggers of fever, their functions are not the same, and they are opposite to each other.

Fever triggers caused by external factors are always harmful to the body, but a fever that builds immunity against it is always beneficial to the body.

**The current definition of fever does not mention any fever-triggering substances.**Therefore, fever triggers are not included in fever testing or treatment. Rather than identifying and eliminating the triggers of fever, today's definition, testing, and treatment focus on identifying and eliminating the substances the immune system produces to fight against the triggers of fever. **Today's fever treatment destroys the substances that create immunity against the triggers of fever and increase the triggers of fever.**

In addition, today fever is diagnosed and treated as hyperthermia, the opposite of fever. Eliminating fever, which creates immunity against fever stimuli, and treating fever as hyperthermia will increase morbidity and mortality. It is not a treatment according to any scientific law in the world today, but a murder attempt. **The treatment of fever triggers is to reduce fever triggers.** The only solution against fever triggers is to increase blood flow and reduce inflammation. This is an immutable scientific fact. **The basic elements necessary for a scientific treatment are not provided in fever treatment.**

**Fever should be checked and treated, not for the fever, but for its triggers.** The only solution against fever triggers is to increase blood flow and reduce inflammation. This is an immutable scientific fact.

**Biography.**

A practicing physician in the field of healthcare in the state of Kerala in India for the last 36 years and very much interested in basic research. My interest is spread across the fever, inflammation and back pain. I am a writer. I already printed and published Ten books on these subjects. I wrote hundreds of articles in various magazines. I have published 13 articles on fever in various journals.

After scientific studies, we have developed 8000 affirmative cross checking questions. It can explain all queries related to fever.

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