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Sphenochoanal Polyp in an Elderly: A Case Report

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**Abstract**

Sphenochoanal polyps are rare types of nasal polyps that originate from the sphenoid sinus or ostium and extend towards the nasopharynx. The deep origin of the polyp contributes to the varied presentation and delayed identification of the disease. This report aims to present a case of sphenochoanal polyp in a Filipino male adult who presented with unilateral nasal congestion of 3 years duration. Diagnostics include nasal endoscopy and paranasal sinus (PNS) CT scan while the treatment of choice is polypectomy and endoscopic sinus surgery.

**Keywords**

Sphenochoanal polyps; unilateral intranasal mass; nasal polyp; unilateral obstruction; unilateral nasal polyp

**Biography** **(150 words limit)**

**Bianca Mari B. Dizon, born on July 6, 1996, in Paranaque City, Philippines was raised in her hometown, and received her early education at St. Scholastica's College, Manila, completing both her elementary and high school studies.**

**Ms. Dizon pursued a Bachelor of Science in Biology at De La Salle University, Manila and furthered her education by earning a Doctor of Medicine degree from the University of the East Ramon Magsaysay Memorial Medical Center.**

**On weekends, she enjoys outdoor activities such as camping and hiking. She also finds solace in the intellectual challenge of building and solving puzzles.**

**Ms. Dizon is an ENT Resident at Asian Hospital and Medical Center. In this role, she applies her extensive medical knowledge and skills to deliver high-quality care to her patients. Her career in medicine is a testament to her unwavering commitment to the improvement of patient health and well-being.**

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