I prefer: POSTER presentation

Sphenochoanal Polyp in an Elderly: A Case Report

**B. Dizon1 and R. Urgel1**

*1Asian Hospital and Medical Center, Muntinlupa, Philippines  
E-mail: biancadizon6@gmail.com*

**Abstract**

Sphenochoanal polyps are rare types of nasal polyps that originate from the sphenoid sinus or ostium and extend towards the nasopharynx. The deep origin of the polyp contributes to the varied presentation and delayed identification of the disease. This report aims to present a case of sphenochoanal polyp in a Filipino male adult who presented with unilateral nasal congestion of 3 years duration. Diagnostics include nasal endoscopy and paranasal sinus (PNS) CT scan while the treatment of choice is polypectomy and endoscopic sinus surgery.

**Keywords**

Sphenochoanal polyps; unilateral intranasal mass; nasal polyp; unilateral obstruction; unilateral nasal polyp

**Biography** **(150 words limit)**

**Bianca Mari B. Dizon, born on July 6, 1996, in Paranaque City, Philippines was raised in her hometown, and received her early education at St. Scholastica's College, Manila, completing both her elementary and high school studies.**

**Ms. Dizon pursued a Bachelor of Science in Biology at De La Salle University, Manila and furthered her education by earning a Doctor of Medicine degree from the University of the East Ramon Magsaysay Memorial Medical Center.**

**On weekends, she enjoys outdoor activities such as camping and hiking. She also finds solace in the intellectual challenge of building and solving puzzles.**

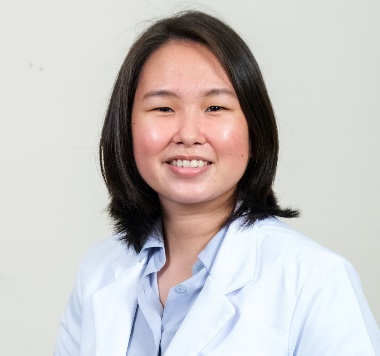
**Ms. Dizon is an ENT Resident at Asian Hospital and Medical Center. In this role, she applies her extensive medical knowledge and skills to deliver high-quality care to her patients. Her career in medicine is a testament to her unwavering commitment to the improvement of patient health and well-being.**

**Presenting Author Details and Photo**

Full Name: **Bianca Mari B. Dizon**  
Email ID: biancadizon6@gmail.com  
Phone No: +63 917 822 9529

LinkedIn: -

Twitter: -  
Recent Photograph:

****

**General Instructions:**

* **Paper format:** Standard A4
* **Font and Size:** Times New Roman 11 pt, line space 1.5
* **Figures and Tables:** Proceedings will be printed in black and white. All figures/table must be integrated in the text. The figure caption style has the same font size as the main text. Please note that colored abstracts will be converted to black-and-white.

***Be sure to review one last time, including all authors data, before sending your abstract. Thank you.***